

LAPLATA CENTER #55042 (HSG)

Week-At-A-Glance

hcs2northern2023-24 Week 1

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>Scrambled Eggs Glazed Cinnamon Roll</i>	<i>French Toast w/Harvest Apple Topping Bacon</i>	<i>Scrambled Eggs Ginger Pear Coffee Cake</i>	<i>Baked Cheese Omelet Toast</i>	<i>Buttermilk Pancakes Sausage Patty</i>	<i>Scrambled Eggs w/Cheese Biscuit</i>	<i>Scrambled Eggs Breakfast Ham English Muffin</i>
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<i>Meatsauce w/ Smothered Turkey Patty Balsamic &amp; Parmesan Roasted Cauliflower Seasoned Beets Oven Browned Potatoes Garlic Bread Honey Glazed Pears</i>	<i>Kielbasa Sausage Thin Crust Cheese Pizza Capri Vegetable Blend Tossed Salad w/Dressing Brown Sugar Baked Beans Dinner Roll/Bread Carrot Cake w/Cream Cheese Frosting</i>	<i>Baked Macaroni &amp; Cheese Marinated Chicken Thigh Tomatoes Delmonico Green Beans Mashed Potatoes Rosemary Dinner Roll Fruit Cocktail</i>	<i>Honey Glazed Sliced Ham Herbed Chicken Breast Sautéed Spinach Country Vegetable Blend Candied Sweet Potatoes Parsley Noodles Dinner Roll/Bread Marble Cake w/White Frosting</i>	<i>Maple Dijon Chicken Breast Glazed Baked Pork Chop Brussels Sprouts Broccoli Florets Sage Bread Dressing Noodles Jefferson Dinner Roll/Bread Banana Pudding Parfait</i>	<i>Shrimp Scampi Smothered Steak Roasted Green Beans Sliced Carrots Spaghetti Noodles Mashed Potatoes Italian Herbed Dinner Roll Tropical Fruit Salad</i>	<i>Turkey Sandwich w/Cranberry Mayonnaise Hot Dog on a Bun Creamy Cucumber &amp; Onion Salad Confetti Coleslaw Potato Chips Vanilla Ice Cream</i>
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<i>Rotisserie Chicken Garlic Baked Pork Chop Whole Kernel Corn (veg) Seasoned Green Beans Cheesy Mashed Potatoes Buttered Rice Dinner Roll/Bread Cranberry Crunch Bar</i>	<i>Baked Tilapia Florentine Salisbury Steak Buttered Green Peas Rice Pilaf Mashed Potatoes Dinner Roll/Bread Chilled Peach Parfait</i>	<i>Chicken Salad Sandwich Hamburger on a Bun Broccoli Salad Confetti Coleslaw Potato Chips Buttered Noodles Hearty Vegetable Soup Chocolate Chip Cookie</i>	<i>Country Fried Steak w/Mushroom Gravy Lemon Butter Baked Tilapia Fillet Honey Roasted Carrots Green Peas Oven Browned Potatoes Herbed Rice Cornbread Scalloped Apples</i>	<i>Swedish Meatballs Mushroom &amp; Cheese Quiche Capri Vegetable Blend Braised Cabbage Mashed Potatoes Dinner Roll/Bread Mandarin Oranges</i>	<i>Savory Pork Roast. Cheese Quesadilla Harvard Beets Whole Kernel Corn (veg) Au Gratin Potatoes Parsley Rice Dinner Roll/Bread Peanut Butter Brownie</i>	<i>Cheese Ravioli w/Marinara Sauce Breaded Chicken on a Bun Sautéed Spinach w/Garlic Broccoli Florets Potato Wedges Garlic Bread Peach Crisp</i>

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hcs2northern2023-24 Week 2

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>Western Scrambled Eggs Toast</i>	<i>French Toast Bacon</i>	<i>Scrambled Eggs w/Cheese Toast</i>	<i>Biscuit Hashbrown</i>	<i>Scrambled Eggs Apple Cinnamon Muffin</i>	<i>Egg &amp; Cheese Bake Toast</i>	<i>Buttermilk Pancakes Breakfast Ham</i>
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<i>Rosemary Roast Beef Au Jus</i> Smothered Turkey Patty <i>Sliced Parsley Carrots</i> Brussels Sprouts <i>Baked Potato</i> Buttered Rice <i>Dinner Roll/Bread</i> <i>Harvest Baked Apples</i>	<i>Dijon Pork Loin</i> Hamburger Steak w/Grilled Onions <i>Capri Vegetable Blend</i> Braised Cabbage <i>Rice Pilaf</i> Mashed Potatoes <i>Dinner Roll/Bread</i> <i>Citrus Glazed Angel Food Cake</i>	<i>Smothered Chicken Thigh</i> Hot Dog on a Bun <i>Whole Kernel Corn (veg)</i> Confetti Coleslaw <i>Oven Brownd Potatoes</i> <i>Cornbread</i> <i>Sliced Pears</i>	<i>Homestyle Meatloaf w/Ketchup Glaze</i> Lemon Butter Baked Tilapia Fillet <i>Seasoned Green Peas</i> Sauteed Spinach <i>Au Gratin Potatoes</i> Herbed Rice <i>Dinner Roll/Bread</i> <i>Caramel Apple Upside Down Cake</i>	<i>Thin Crust Cheese Pizza</i> Parsley Pork Chop <i>Garlic Green Beans</i> Roasted Beets Parmesan Noodles <i>Dinner Roll/Bread</i> <i>Chilled Peaches</i>	<i>Lemon Dill Tilapia Fillet</i> Rosemary Chicken Breast <i>Broccoli Florets</i> Green Peas <i>Roasted Red Skin Potatoes</i> Seasoned Rice <i>Dinner Roll/Bread</i> <i>Pineapple Tidbits</i>	<i>BBQ Pork on a Bun</i> Vegetable Quiche <i>Country Vegetable Blend</i> Tossed Salad w/Dressing <i>Baked Beans</i> Dinner Roll/Bread <i>Butterscotch Pudding Parfait</i>
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<i>Chicken Tenders</i> BBQ Pork Chop <i>Roasted Green Beans</i> Whole Kernel Corn (veg) <i>Macaroni &amp; Cheese</i> Mashed Potatoes <i>Herbed Dinner Roll</i> <i>Oatmeal Raisin Cookie</i>	<i>Breaded Fish on a Bun</i> Rotisserie Chicken Thigh <i>Broccoli Florets</i> Green Peas <i>Tater Tots</i> Buttered Noodles Dinner Roll/Bread <i>Deluxe Fruit Salad</i>	<i>Classic Baked Ziti</i> Meatballs w/Gravy <i>Parmesan &amp; Herb Roasted Cauliflower</i> Tossed Salad w/Dressing Mashed Potatoes <i>Italian Herbed Dinner Roll</i> <i>Double Chocolate Brownie</i>	<i>Italian Sausage Sub w/Pepper &amp; Onion</i> Breaded Chicken on a Bun <i>Capri Vegetable Blend</i> Broccoli Florets <i>French Fries</i> Buttered Rice <i>Tropical Fruit Salad</i>	<i>Open-Faced Hot Turkey Sandwich</i> Smothered Steak <i>Roasted Brussels Sprouts</i> Whole Kernel Corn (veg) <i>Mashed Potatoes</i> Buttered Noodles Cornbread <i>Pumpkin Cheesecake Bar</i>	<i>Chicken Parmesan w/ Ham Sandwich</i> <i>Tossed Salad w/Dressing</i> Marinated Mixed Vegetable Salad Potato Chips <i>Garlic Bread</i> <i>Chocolate Ice Cream</i>	<i>Salisbury Steak</i> Smothered Turkey Patty <i>Creamed Spinach</i> Winter Vegetable Blend <i>Garlic Potato Wedges</i> Herbed Rice <i>Dinner Roll/Bread</i> <i>Fruit Cocktail</i>

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Week-At-A-Glance

hcs2northern2023-24 Week 3

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>Scrambled Eggs Glazed Cinnamon Roll</i>	<i>French Toast Bacon</i>	<i>Scrambled Eggs w/Cheese Biscuit</i>	<i>Western Scrambled Eggs Breakfast Ham Toast</i>	<i>Buttermilk Pancakes Sausage Patty</i>	<i>Scrambled Eggs Cranberry Orange Coffee Cake</i>	<i>Baked Cheese Omelet Toast</i>
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<i>Apple Glazed Sliced Ham Lemon Pepper Chicken Breast Brussels Sprouts Buttered Whole Kernel Corn (veg) Whipped Sweet Potatoes Parmesan Noodles Dinner Roll/Bread Pineapple Upside Down Cake</i>	<i>Chicken Pot Pie w/ Hamburger on a Bun Tossed Salad w/Dressing Broccoli Florets Tater Tots Deluxe Fruit Salad</i>	<i>Sweet &amp; Sour Meatballs Smothered Turkey Patty Capri Vegetable Blend Harvard Beets Steamed Rice Parsley Noodles Dinner Roll/Bread Spiced Peaches</i>	<i>Open-Faced Roast Pork Sandwich Marinated Chicken Breast Herbed Green Beans Brussels Sprouts Mashed Potatoes Buttered Noodles Dinner Roll/Bread Lemon Cake w/Lemon Icing</i>	<i>Crispy Baked Chicken Cheese Quiche Sautéed Spinach Sliced Parsley Carrots Macaroni &amp; Cheese Dinner Roll/Bread Pumpkin Pie</i>	<i>Honey Garlic Shrimp Smothered Steak Tossed Salad w/Dressing Winter Vegetable Blend Rice Pilaf Mashed Potatoes Dinner Roll/Bread Vanilla Ice Cream</i>	<i>Sloppy Joe on a Bun Chicken Tenders Country Vegetable Blend Parsley Cauliflower French Fries Buttered Noodles Double Chocolate Brownie</i>
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<i>Grilled Two Cheese Sandwich Salisbury Steak Creamy Cucumber &amp; Onion Salad Capri Vegetable Blend French Fries Buttered Rice Dinner Roll/Bread Tomato Soup Chilled Pears</i>	<i>Butter Crumb Tilapia Fillet Glazed Baked Pork Chop Green Peas Sliced Carrots Baked Potato Parsley Rice Dinner Roll/Bread Blondie</i>	<i>Rancher's Chicken Thigh Thin Crust Cheese Pizza Country Style Tomatoes Parsley Cauliflower Oven Browned Potatoes Cornbread Peanut Butter Cookie</i>	<i>Baked Ziti w/Meatsauce Egg Salad Sandwich Steamed Broccoli Florets w/Lemon Green Pea Salad Potato Chips Italian Herbed Dinner Roll Tropical Fruit Salad</i>	<i>Philly Cheesesteak Sandwich Breaded Chicken on a Bun Marinated Mixed Vegetable Salad Seasoned Whole Kernel Corn (veg) Tater Tots Buttered Rice Pineapple Tidbits</i>	<i>Cheese Ravioli w/Marinara Sauce Turkey Burger on a Bun Seasoned Green Beans Seasoned Beets Potato Chips Garlic Bread Mandarin Oranges</i>	<i>Kielbasa Sausage Breaded Fish on a Bun Braised Cabbage Sliced Carrots Brown Sugar Baked Beans Potato Wedges Dinner Roll/Bread Maple Apple Crisp</i>

LAPLATA CENTER #55042 (HSG)

Week-At-A-Glance

hcsq2northern2023-24 Week 4

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>Scrambled Eggs English Muffin</i>	<i>French Toast Casserole Bacon</i>	<i>Scrambled Eggs w/Cheese Toast</i>	<i>Biscuit Hashbrown</i>	<i>Scrambled Eggs Apple Cinnamon Muffin</i>	<i>Egg &amp; Cheese Bake Toast</i>	<i>Buttermilk Pancakes Sausage Patty</i>
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<i>Chicken Parmesan w/ Meatballs w/Gravy Roasted Broccoli Florets Seasoned Beets Mashed Potatoes Dinner Roll/Bread Chilled Peach Parfait</i>	<i>Breaded Fish on a Bun Marinated Chicken Thigh Seasoned Green Beans Sauteed Spinach Potato Wedges Rice Pilaf Dinner Roll/Bread Chocolate Cake w/ Peanut Butter Frosting</i>	<i>Encrusted Pork Loin Vegetable Quiche Roasted Brussels Sprouts Seasoned Green Peas Au Gratin Potatoes Dinner Roll/Bread Butterscotch Pudding Parfait</i>	<i>Thin Crust Cheese Pizza Turkey Burger on a Bun Tossed Salad w/Dressing Creamy Coleslaw Tater Tots Garlic Bread Fruit Cocktail</i>	<i>Italian Sausage Grilled Cheese Sandwich Sauteed Spinach w/Garlic Country Vegetable Blend Parmesan Noodles Potato Wedges Dinner Roll/Bread Sliced Pears</i>	<i>Cornflake Crusted Tilapia Fillet Baked Macaroni &amp; Cheese Stewed Tomatoes Capri Vegetable Blend Cheesy Rice Dinner Roll/Bread Dutch Apple Pie w/Crumb Topping</i>	<i>Chicken Alfredo w/ Hamburger Steak w/Grilled Onions Herbed Green Beans Broccoli Florets Mashed Potatoes Dinner Roll/Bread Chocolate Ice Cream</i>
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<i>Grilled Ham &amp; Cheese Sandwich Smothered Turkey Patty Creamy Coleslaw Green Peas Tater Tots Buttered Noodles Dinner Roll/Bread Chocolate Chip Cookie</i>	<i>Salisbury Steak Garlic Baked Pork Chop Sliced Glazed Carrots Whole Kernel Corn (veg) Seasoned Rice Mashed Potatoes Dinner Roll/Bread Pineapple Tidbits</i>	<i>Cheese Lasagna Breaded Chicken on a Bun Parmesan &amp; Herb Roasted Cauliflower Creamy Cucumber &amp; Onion Salad Oven Browned Potatoes Italian Herbed Dinner Roll Deluxe Fruit Salad</i>	<i>Cranberry Orange Chicken Cheese Ravioli w/Marinara Sauce Braised Cabbage Capri Vegetable Blend Roasted Red Skin Potatoes Dinner Roll/Bread Snickerdoodle Cookie</i>	<i>Roast Turkey Smothered Steak Winter Vegetable Blend Whole Kernel Corn (veg) Sweet Potato Souffle Herbed Rice Dinner Roll/Bread Brown Sugar Glazed Angel Food Cake</i>	<i>Homestyle Meatloaf w/Ketchup Glaze Sage Herbed Pork Chop Peas &amp; Carrots Parsley Cauliflower Mashed Potatoes Buttered Noodles Dinner Roll/Bread Peach Crisp</i>	<i>Hot Dog on a Bun Tuna Melt Sandwich Confetti Coleslaw Pickled Beets Salad French Fries Tropical Fruit Salad</i>